

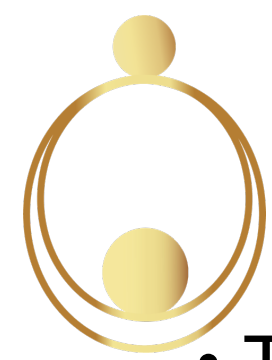
Psychic Development Circle

“Tell me one last thing,” said Harry. “Is this real? Or has this been happening in my head?”

Dumbledore beamed at him and his voice sounded loud and strong in Harry’s ears even though the bright mist was descending again, obscuring his figure.

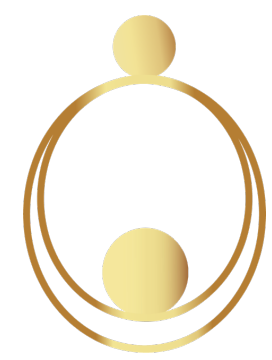
‘Of course it is happening inside your head Harry, but why on earth should that mean it is not real?’”

-Albus Dumbledore



Intention

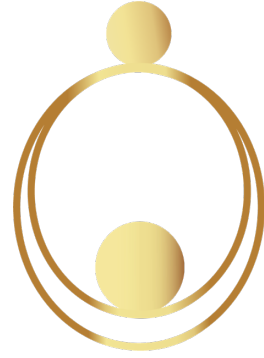
- The Psychic Development Circle is for you to illuminate the faculties of self concerning *Psychism*. To receive information which will assist you with acknowledging the mechanics of psychic abilities so you can traverse this world as a hue-man grounded in a healthy analytical mind and a flourishing art mind.
- To learn about your Intuitive System so you can self-diagnose your energy and to retrieve guidance from the Higher, Creative Intelligence.
- To learn how to engage in a Day-Dream / Trance State.
- To witness yourself receive Past/Present/Future information.
- To decode the most accurate meaning of Energetic Data.



Exercise # 1

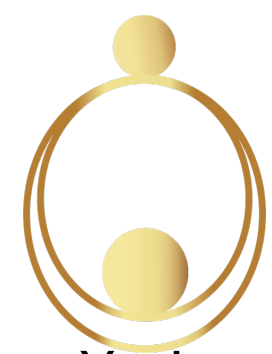
- What do you desire to achieve by engaging with the material and exercises presented to you throughout this Psychic Development Circle?
- Record your thoughts onto your paper.
- This is an example of you Manufacturing / Active Formulation (we will discuss this later).
- 2 Minutes | Not To Share

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Part 1

Foundations & World Building



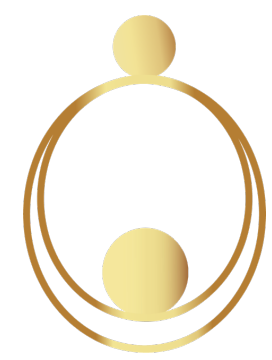
Intuitive Instrument

- You're remembering yourself as an Instrument for Etheric Energy to move through you into this dimension.
- The ARTMIND gifts you with abstract thought, metaphors, and symbolism.
- Psychism evolves as you embrace the path.
- Learning to play a musical instrument begins with learning the basics – scales, keys, notes, chords, etc.
- You master the basics before progressing.
- Emerging Psychism mirrors beginner level's evolution into intermediary to expert level.
- Your Psychic Abilities will progress from easy chord progressions to a dynamic orchestration of your subtle senses.
- Quarter notes to Sixteenth notes.

Mary Had a Little Lamb
Traditional Children's Song
arr. Dennis Fryer

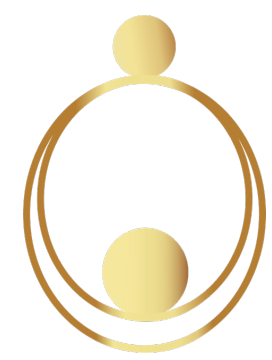
Ma - ry had a lit - tle lamb,
Mi re do re mi mi mi

lit - tle lamb, re re re lit - tle lamb,
mi so so



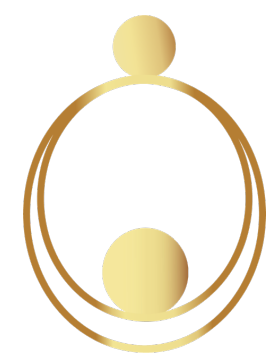
Desire

- This path requires a sincere desire to develop your Psychic Abilities.
- Your abilities will evolve dependent upon your commitment.
- Healthily *sacrificing* social engagements, entertainment, and a habitual reaction to quit when you're not receiving immediate validation of your growth.
- You must nurture your disciplinary skills to remain focused on your intentions for your development.
- There are no shortcuts.



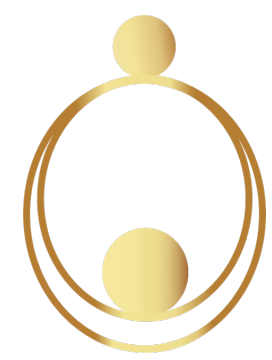
Psychic Training

- Psychic Training is unique - you are *reviving* your ARTMIND and renegading against societal & academic programming.
- This is a Lifestyle Change while combatting the external world's dictation exclaiming Psychism as impossible.
- Psychic Training mirrors Lifestyle Change such as weight loss.
- My life's experience of transmuting my obese state required examining my thought-emotion-action loops, disciplining myself regarding exercise and eating, and nurturing a healthy self-esteem while rejecting the habitual need to scold myself. Then witness the transformation that followed my dedication which led to excitement!



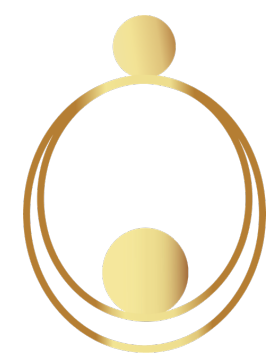
Mirror of your Intuitive Potential

- A developed Psychic and/or Medium is a mirror of your Intuitive Potential.
- A symbol of how your Psychic Training will gift you with heightened intuition and an ability to decode energy as well as prophesize clearly.
- Resist jealousy/envy, comparison traps, and unwarranted guilt/shame loops.
- See yourself as the developed Psychic and/or Medium and know that your Intuitive Instrument will create a unique sound.



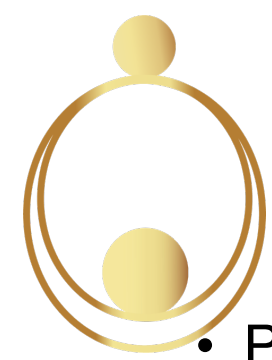
Organic Hue-Man

- Psychic Development is for you to become whole-minded which is a balance of a healthy analytical/logic mind married with an online art mind.
- Humans are entrained into an overemphasized, cancerous analytical/logic mind which deletes the Imagination and cements a person in the five physical senses.
- A healthy analytical/logic mind organizes data, observes patterns, and calculates risks/probabilities.
- Activating Psychism allows the reservoir of Etheric Insights to assist with discernment, creativity, innovation, and to connect with the Higher, Creative Intelligence.
- Psychic Development allows a person to break out of predictability, known reality. To thrust oneself into the Unknown. To destroy the chains locking oneself out of the Imagination. To receive step-by-step instructions for Creation.



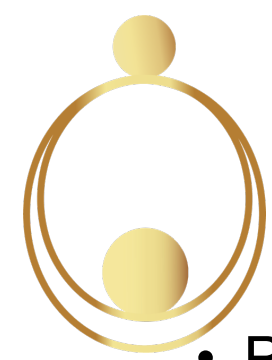
Education Wounds

- The Education System is designed for a human to memorize information and to regurgitate the memorization as well as to delete the Imagination.
- Education wounds develop through the process of stripping a human's unique individuality and to conform to the Hive Mind / Group Think.
- Your wounding will emerge as you engage in psychic development so you can Heal.
- Comparison Traps / Hierarchy Scheme & Guilt / Shame Loops.
- Grading system based upon your memorization skills.
- Pain concerning not grasping material taught to you which then deemed you less than.



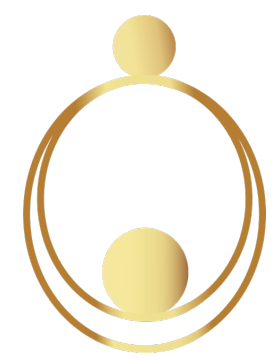
The Heart

- Psychic Development evolves the Heart so it can receive the Etheric Energy and anchor it into this dimension.
- Your Heart will expand so your *Empathy* may flourish which translates the energetic data into and through your frame of reference / lens of perception.
- You will see, hear, feel, and know the suffering of the world so you can fully acknowledge the human experience and your potential to assist with Healing.
- Do not shy away from the pain of the world nor focus solely on the problems. Your Heart will guide you to where you are best needed to share your Light.
- To strengthen your Love of humanity, to awaken your compassion, and to genuinely desire to help people throughout your life's experience.
- *LIGHT* Psychic Work emerges from your Root Chakra to your Heart Chakra to your Crown Chakra. This equips you with the energetics to tap into the Higher Creative Intelligence anchored in the Higher Realms. *DARK* Psychic Work cannot pierce through the Heart Chakra which creates a perverted, inverted stream of Psychism.
- Love without the hyperbolic sensation. Peace, Calmness, Clarity, & Ease.



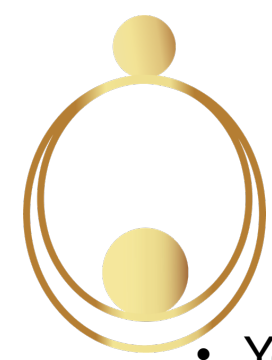
GodForce & Prayer

- Psychic Development is to nurture your relationship with the Divine / GodForce. To peel back layers of programming so you can perceive the Divine as a Force of Creation.
- Daily Prayer establishes a pathway for your life's experience to attract what is necessary for your soul growth, human needs, and healing work.
- The intention is to merge your heart and mind with the Divine so you are a transducer of Etheric Energy in alignment with Service to humanity - aligning your actions and choices with Soul/Essence.
- Slowly dissolve religious and academic programming so your personal relationship with the GodForce intimately graces your everyday experience.
- Pray for Protection as you embark on Illuminating your Light so Darkness cannot touch you.
- You are personally creating Heaven on Earth – be in communion with the Divine.



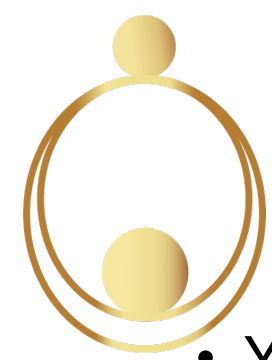
Exercise #2

- We are to engage with our Imaginative Skills / Visualization Abilities.
- Imagine a White Bubble surrounding your entire body.
- This White Bubble is your Force-Field birthed from your Heart.
- This Force-Field transmutes incoherent frequencies and repels energetic interference.
- I suggest for you to create the White Bubble around you every morning to assist with your Visualization and Protection.
- You are manufacturing this – Active Formulation.
- 3 Minutes



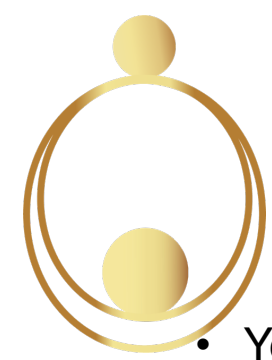
Higher Self & Team Light

- You experiencing this circle is an aspect of your Spirit plugged into this dimension - an Avatar or the Lower Self. The totality of your existence projects into this realm – the Higher Self.
- The Higher Self is free of your Avatar’s conditioning and humanness. It is the true “I” and you must develop your psychic abilities so you can receive instructions from your Higher Self.
- Team Light is your Spirit Team. Higher, Evolved Beings who work with you throughout your incarnation. Resist needing clear descriptors of your Team Light as well as commanding them to present themselves in the way you are programmed to perceive them. Allow them to communicate with you through Synchronicity, Dreams, and Psychics. They know your fears, worries, anxieties, blocks, and programming. Develop your Trust and allow the communication to unfold over time.
- Your Higher Self and your Team Light anchor down from your Crown Chakra into your Heart Chakra which creates a field of protection.
- Resist the “psychics” on YouTube detailing to you an urgency to connect with “higher dimensional beings” because this is a dangerous act for a human who is beginning their psychic training. You must wait for your abilities to develop as well as your discernment regarding non-physical energies. Do not fear connecting with “negative entities” because your goal is to develop your Heart which shields you from lower realms of existence.



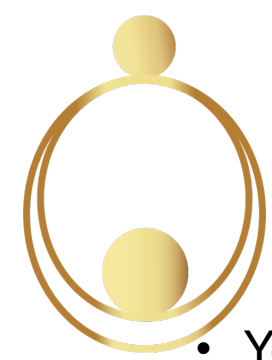
Psychologically Comfortable

- Your Development will progress at a pace that is digestible so your consciousness expands at a rate that is psychologically comfortable for you.
- Your Higher Self / Team Light / GodForce understands the entirety of your being and wishes for you to evolve without creating a destabilization of your psyche.
- Fear nullifies your progression.
- Your blossoming awareness will pierce through your mental/emotional blocks beginning with presenting you with psychic information that entices you to engage with the process deeper.
- Your Lens of Perception / Frame of Reference channels psychic information in response to your passions and interests.
- Knowledge can be either Medicinal or Poisonous.
- $1+1=2$ to $a^2+b^2=c^2$.



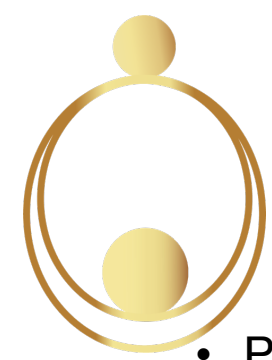
Inner Work & Underworld

- You are embodying more Soul which is to help purify your Avatar so that you fine tune your intuitive instrument.
- More embodied Soul leads to your Underworld (Unconscious) surfacing in your conscious awareness at a rate you can psychologically handle.
- The Underworld (Unconscious) is comprised of your suppressed trauma, conditioning, worries, fear, falsities, etc... Also, there are golden aspects of your Avatar & Soul which ask for you to discover, develop, and honor your skills, talents, and characteristics designed to lead you on your path of highest good.
- Your Inner Work is paramount. Your task is to engage with self-inquiry, contemplation, reflection, and to sacrifice impurities. To take responsibility for your thoughts and actions along with dispelling self-hate programs which were birthed by the external world's dictation of the Hive Mind.
- There is no avoidance of your Inner Work. The more you heal...the better you are to serve humanity with your evolving psychic abilities.
- You'll be guided to teachers and modalities which will match what is required to reach new levels of being.
- Your Underworld presents itself to you so you can transmute the energies, like the Phoenix, and it enables you to then see what is hidden from your physical senses throughout the External World.
- You are illuminating your potential for evil within you so you can see the Evil outside of you. This enables you to protect yourself and to make decisions anchored in the Goodness of your Essence.



Physical Exercise

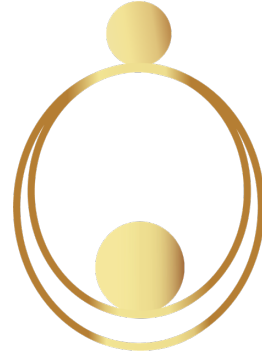
- Your physicality is the densest form of your Soul Expression in this dimension.
- Humans are bombarded by poisons laced throughout our external world which interfere with humans' ability to connect with the Higher, Creative Intelligence.
- Engaging with Psychic Development must mirror strengthening your Avatar through physical exercise so Soul can anchor deeper.
- Exercise allows for detoxification and to heighten your electrical charge to broadcast your energy field wide to dispel energies that desire to contract the energy field.
- Cardio is a tool to assist you with encountering your Underworld. To put yourself in a day-dream to enhance the ease of tapping into psychic information by nullifying the emotional charge of your past so it no longer plagues your present by dissolving false programs and conditioning. Slowly but surely and overtime.
- Strength Training propels your Avatar into fortifying the systems of the body coinciding with the embodiment of Soul.
- Nutrition is imperative to learn so you can nourish the body with nutrients that allow the body to function correctly which influences and translates into the mental/emotional/spiritual bodies.
- Reject the Barbie/Ken Doll Syndrome. Exercise empowers your physicality.



Establish A Healthy Mind Tool Ecosystem

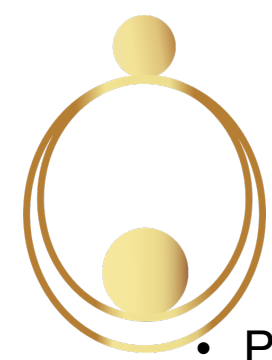
- Psychic Development and engaging with your Inner Work assists with establishing a healthy Mind Tool Ecosystem.
- You are meant to engage with your day-to-day experience equipped with a coherent Energetic Immune System to synthesize negative energies leading you to homeostasis.
- Infliction from encounters with the external world absorb into your energy field which is supposed to balance through transmutation at varying speeds dependent upon the severity of the infliction.
- Encountering your Underworld, sacrificing what is not serving you, and bridging your awareness with the Higher, Creative Intelligence imposes a clearer stream of consciousness without spiritually bypassing the reality of our world.
- Negative self-hatred programs, unhealed trauma & lingering trauma responses, as well as other distorted perceptions of self pollute the Mind Tool which inhibits the ease of connecting your conscious awareness to the GodForce.
- The goal is to clear the mind pollution so that your Mind Tool can receive Etheric Insights – to restore the natural connection between You & You – You & Your Higher Self / Divinity.

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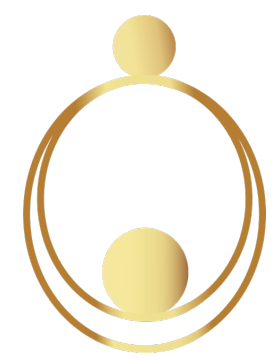
Part 2

The Trance State



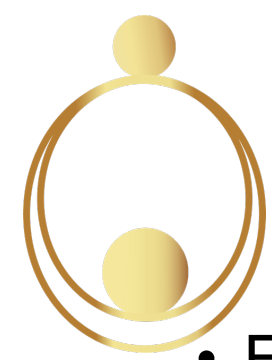
Day-Dream / Trance State

- Psychism operates through a trance state that the psychic consciously tunes into to receive psychic information.
- The Trance State is equal to a Day-Dream.
- Psychic Training involves nurturing your ability to suspend your analytical/logic mind so that your psychic art mind fully encapsulates your conscious awareness.
- Children have an ease of submerging their conscious awareness into a Day-Dream because they lack the academic programming which leads to the cancerous analytical/logic mind.
- Practice by allowing yourself to Day-Dream.
- Cardio / Movement Meditation helps to synergize your Mind Tool into the Trance State by releasing your physical body into “auto-pilot” while dissolving your attention to your physical senses.
- Creating Art also taps into the Trance State. Practice through drawing, coloring, painting, etc.
- Training your Mind Tool to dislodge your attention to your physical senses will require your commitment especially if you have not allowed your mind to wander.
- Daily practice – 5 minutes to 10 minutes to 20 minutes to 30 minutes.
- Revitalize your IMAGINATION.



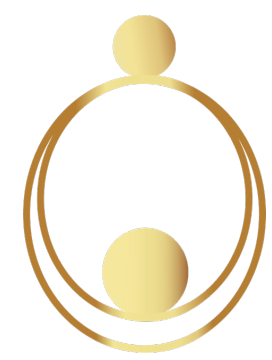
Exercise #3

- Imagine a room from your childhood home and record the details from your Mind Tool through your hand and writing utensil onto the paper.
- Allow yourself to submerge into a Day-Dream / Trance State.
- Record the impressions – Feelings, Images, Words, Numbers, Descriptions, People, XYZ.
- This will help you familiarize yourself with Hyper-Focused Clues flooding into your Psychic Antenna and into this 3D experience without you interfering with the data you receive.
- 3 Minutes | Not To Share



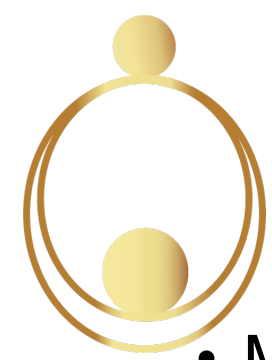
Imagination

- Every Psychic Impression occurs within your Imagination.
- Your ability to Visualize, to Generate feelings of calmness, and to Interact with the Cosmos are of the Imagination.
- Enhancing your Psychism births a deeper relationship with the Divine as you receive solutions to your problems and creatively engage with Etheric Insights. Augmenting your Imaginative Skills propels you on your path of Highest Good.
- You are Imagining your Psychic Impressions, but your job is to discern between thoughts you are *Manufacturing* and thoughts you are *Receiving*.



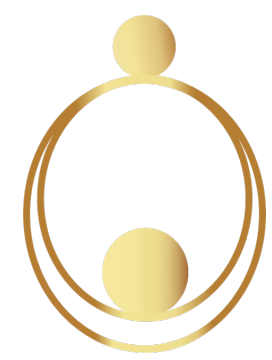
Allow, Release, & Non-Interference

- Strengthening your Psychic Abilities require you to focus on detaching from expectations of what you “should” be receiving.
- The objective is to enter the Trance State with an intention that all you receive from that moment on is *not of you* – **you are receiving**.
- Your awakening Psychism involves releasing the chokehold of your analytical/logic mind so that your Mind Tool filters information into your Crown Chakra. Your analytical/logic mind then observes the information funneled.
- It is imperative for your daily practice to include engaging with the Trance State without Interfering with the information downloaded into your Mind Tool.
- Record your impressions and resist the urge to judge what you received. You’re habitually entrained to judge, mock, discount your psychic impressions.
- Psychic Training is very simple. Train yourself to engage with a day-dream, allow the psychic information to flow, release the downloads through your hands and writing utensil onto paper, and practice non-interference.



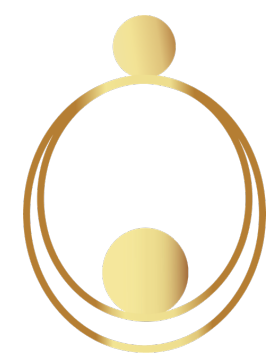
Manufacturing vs Receiving

- Manufacturing Thoughts are when you engage with calculations, analysis, intended visualization, and active mental chatter.
- Receiving Psychic Impressions are when you enter the day-dream/trance state and allow yourself to receive information that entered your Mind Tool without you engaging with the creation.
- The goal is to discern the difference which strengthens over time as you commit to the practice.
- Receiving Psychic Impressions feels like receiving a day-dream – the *Passive Formulation*.
- Manufacturing Thoughts feels like when you are determining what to say in response to a question – the *Active Formulation*.



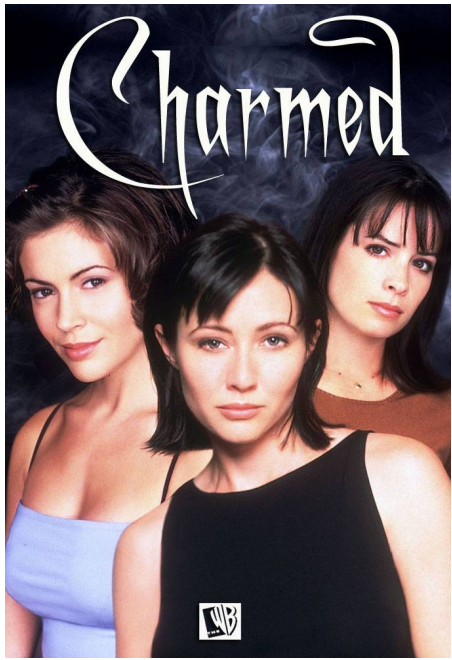
Observing Thought Patterns

- As you engage with Psychism, you'll realize that you'll simply be observing the thought patterns which birth into your Mind Tool through receiving psychic impressions.
- You noticing the trail of thought that impresses upon your mind.
- The thought patterns will manifest as visions (images/mini-movies), words you hear (in your inner-voice), feelings cascading your body (emotional/physical), and knowings which are simply just something that you know.
- Observing thought patterns is the psychic experience.

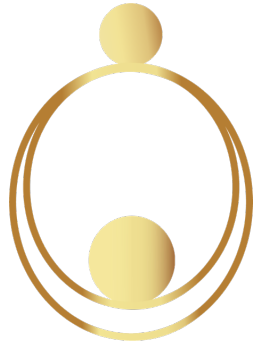
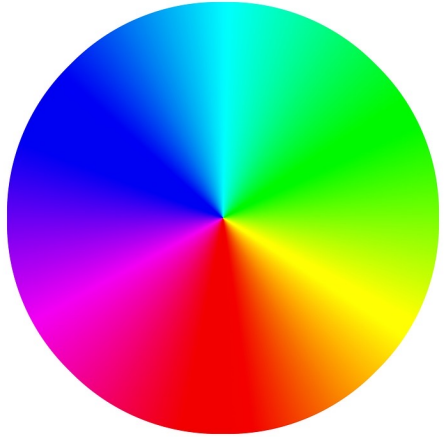


Lens of Perception / Frame of Reference

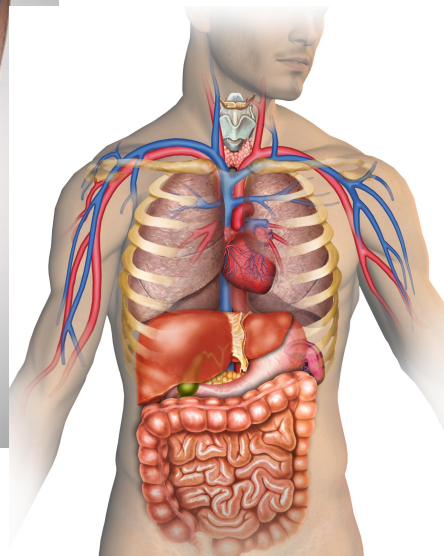
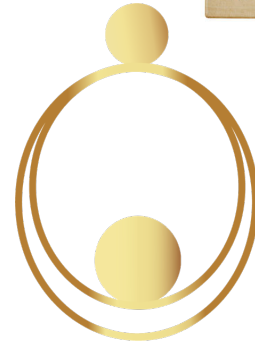
- Imagine a contact lens / magnifying glass stationed in front of your heart. This is your *Psychic Antenna*.
- This Lens is comprised of your past experiences, wisdom, knowledge, and interests/passions which are your Frame of Reference.
- Your ability to *Decode Energy* formulates visually into a Totem/Symbol which will provide you with the most accurate information that is the easiest and quickest way for you to understand the meaning.
- The Energetic Data filters through your Mind Tool so that you are capable to digest the core meaning of what you gaze upon, focus your awareness and intend.

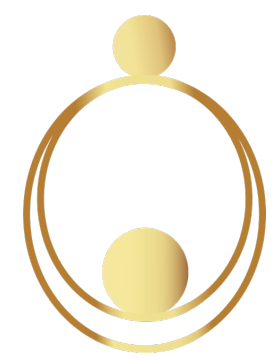


Lens of Perception: Symbolology



Lens of Perception: Literal

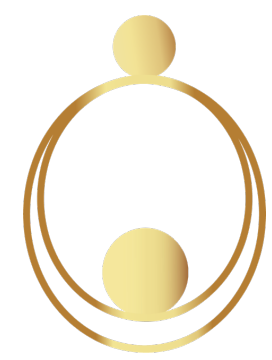




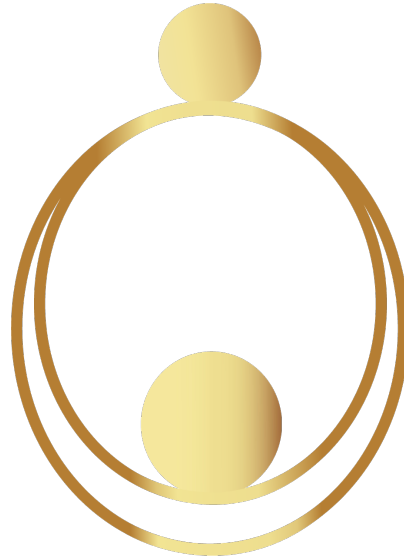
Exercise #4



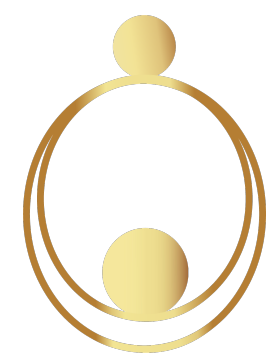
- We are to focus our awareness within our mind's eye on the color TEAL.
- Record the psychic impressions you receive.
- This practice allows you to add the color TEAL to your Lens of Perception with your interpretation(s).
- You can continue this practice in your Psychic Training by gazing at a unique color, record your impressions, and add it to your encyclopedia (we will discuss the Encyclopedia later).
- 3 minutes | To Share



Exercise #5

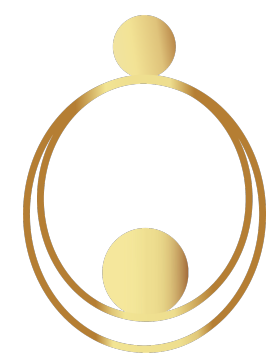


- We are to focus our awareness within our mind's eye on my symbol.
- Record the psychic impressions you receive.
- You can continue this practice in your Psychic Training by allowing yourself to create a new symbol, record your impressions, and add it to your encyclopedia.
- This is of your own Language.
- 3 minutes | To Share



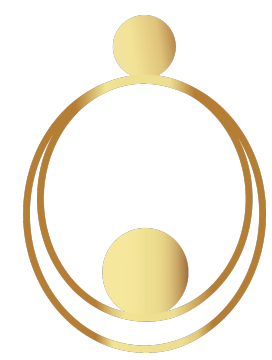
Early Manifestations of Psychism

- Your Psychic Abilities emerge through your lens of perception beginning with images, feelings, words, etc. that are faint. This is an opportunity for you to engage with Psychism to encourage your development.
- Symbols/Totems present in your conscious awareness because they are inviting your Will to desire the strengthening of your Psychism.
- Literal Imagery may also surface to your mind along with knowings, feelings, names, and other literal details.
- Early manifestations appeal to your sense of security and stability so you are not overwhelmed.
- This is all completely unique to YOU. It is not “one size fits all”.



PLAY | Inner Child

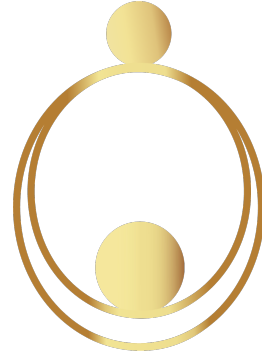
- Developing your psychic abilities fosters a reunion with your Inner Child. The part of you untouched by societal conditioning and academic programming.
- Psychism is of PLAY. You are revitalizing your natural ability to imagine, wonder, and immerse yourself in “pretend”.
- As you tame your analytical/logic mind and reinvigorate your Imaginative Skills, you’ll reconnect with the playful inner child who wishes to create new connections with other humans and to have fun which is why psychic information channels through your lens of perception concerning your passions and interests.



Reject Box Of Interpretation

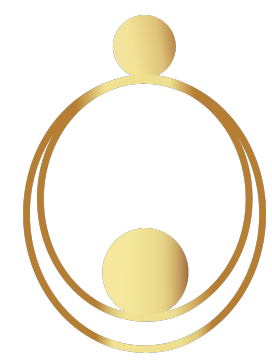
- AP English Literature instructed to me that there is a “Standard Box of Interpretation” that is comprised of acceptable meanings decoded from literature that are deemed correct through the academic shackles.
- Reject this Box of Interpretation. Your MEANINGS are unique to you – your symbology is unique to you.
- Example: Laura Lynne Jackson sees Orange within a person’s ‘Core Aura’ indicating that the person is an Artist. I see Orange in a person who is an instructor/manager/educator.
- Same Symbol – Different Meaning

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Part 3

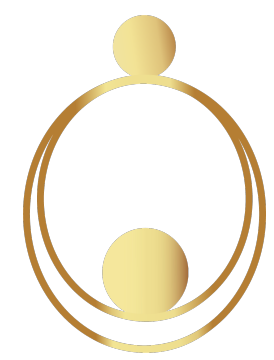
Tools



Tarot



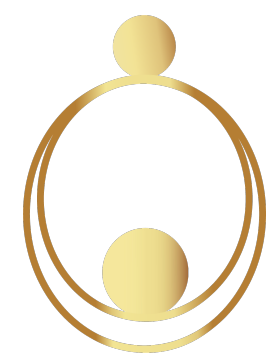
- Tarot cards can assist you with stimulating your Psychism – they are training wheels.
- Images and Numbers encoded within each card to awaken your ability to Decode Energy.
- The Tarot illustrates the entirety of the human experience and I believe tarot cards are the best form of cartomancy.
- Purchase a tarot deck that calls to you and then record your impressions of each card prior to reviewing the guidebook which details acceptable meanings of the cards.
- You can learn various spreads, however, the purpose of the tarot is to assist you with engaging with psychic information that originate from the imagery and numbers inscribed.
- Do not depend on the tarot – use this as a tool. Memorizing and Regurgitating the information written in the guidebook will handicap your growth.
- Gaze on each card and record the thought patterns that download into your Mind Tool as you engage with the Trance State.



Exercise #6

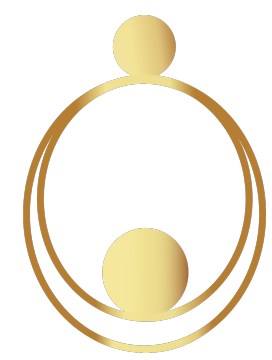


Record Impressions | 2 Minutes | To Share



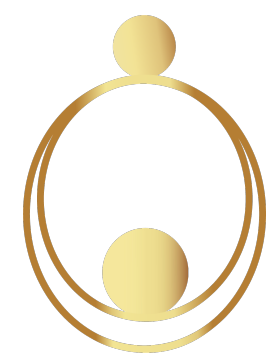
Journaling & Handwriting

- Handwriting is encasing mental energy into physicality. It is birthing art encoded with your unique Essence.
- Journaling assists with clearing mental chatter which are polluting your Mind Tool blocking the ease of tapping into the Higher, Creative Intelligence to receive psychic information.
- Develop a practice of journaling so that you familiarize yourself with active formulation (Manufacturing Thoughts) and passive formulation (Receiving Psychic Impressions).
- You'll gift yourself with illuminating your mental scripts so you may examine your thought loops which are either enhancing or disempowering your experience.
- Documenting your Evolution.



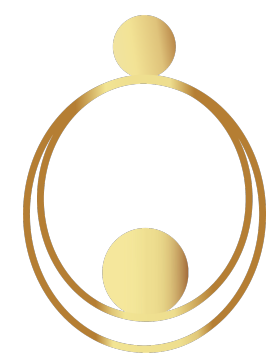
Encyclopedia

- Create your personal Encyclopedia to document your Psychic Impressions.
- Recording Symbols and the psychic information encrypted within the energetic data.
- Detailing psychic information received and the experiences birthed through following instructions and insights.
- Documenting Validations which you received in a future experience following the receiving of the psychic impressions.
- A reference guide you may follow as you encounter the same symbol/data overlaid on a new specific person/place/object/idea/etc.
- This assists with fostering a healthy analytical/logic mind.



Music & Arts

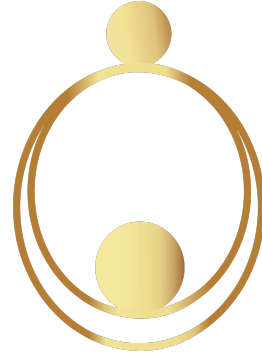
- Playing frequency/vibration music and classical music stimulates Psychism. It helps to clear negative attachments and incoherent frequencies dwelling within your energy field.
- Learning to play an instrument while developing your psychic abilities will enhance the coherence of your whole-mind – balanced analytical/logic & art minds.
- Simple creation of Arts and Crafts enable you to develop a habitual immersion within the Trance State while also illuminating aspects of your Underworld.
- Singing and Dancing encapsulates your Avatar with coherent frequencies which translate into your mental & emotional bodies to encourage an energy field to synthesize energetic impacts easily.



Crystals

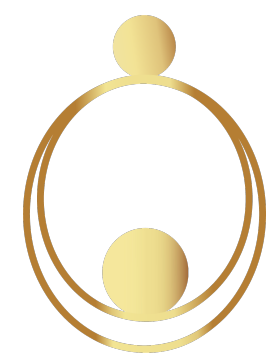
- Crystals are equipped to house Etheric Energies within the densest kingdoms on Earth. They anchor high frequencies transcending throughout dimensions.
- Use crystals as tools to assist you with translating Etheric Energies through your Mind Tool.
- Meditating with specific crystals specialized to your intentions will coalesce with the psychic impressions and augment your energy decoding to enable a finer tuned accuracy.
- Crystals enhance your Psychism by merging their energy fields with your energy field. This is a subtle process divorced from the Hollywood Portrayal of Psychism.
- Black Crystals (such as Black Obsidian and Black Tourmaline) illuminate the Underworld so blocks are magnified resulting in a clearer illustration of that which requires healing and attention.
- Amethyst and Clear Quartz synergize with your psychic antenna and provide a clearer pathway for high vibrational information, and others' energy fields, to penetrate through the analytical/logic mind's attempt to interfere with the receiving psychic impressions.
- They are your Rock Friends from childhood and you'll develop a relationship with them.
- Black Obsidian, Amethyst, and Clear Quartz are the crystals I use for my psychic and mediumistic readings.

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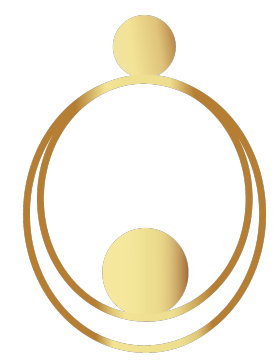
Part 4

Intuition



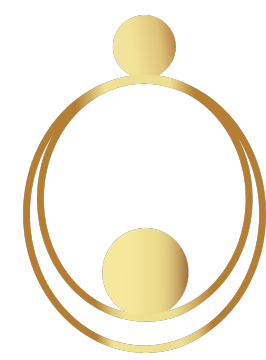
Intuition

- Intuition is a human's natural ability:
 - To receive guidance from the Higher, Creative Intelligence.
 - To self-diagnose energy depletions and their root cause.
 - To discern energies in physicality and non-physicality.
 - To assist you with reaching your path of highest good by leading you to necessary experiences.
- Developing your Intuition will help you avoid unnecessary experiences throughout your incarnation which are not tethered to your Soul's trajectory.
- Intuition will not leave you down a "safe" road or maintain your comfort zone. The intuitive guidance will lead you into the Unknown through activating your creative-solution processes.
- Decoding Energy is woven within Intuition and Prophecy.
- Training to TRUST YOURSELF and to see through Deception / Propaganda.



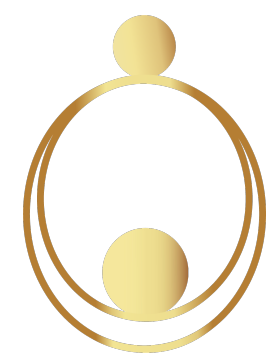
Intuition: Neutral Emotion & Clear Instructions

- Trusting Psychic Information evolves as you engage with the intuitive process.
- Visions, Images, Knowing, etc. are to marry Neutral Emotion.
- Psychic Impressions received with Neutral Emotion are an Alert to your conscious awareness that these impressions are to be trusted.
- Intuition funnels through your Mind Tool as clear & concise impressions without an exaggeration of mental chatter. Simple & Direct.
- Engage with your Psychism when you are in a neutral state. If you're enveloped by hyperbolic emotion do not attempt to receive intuitive instruction.
- Hyperbolic Emotion is an indicator that there is too much of your Avatar-Egoic Structure interfering with your Mind Tool.
- The media creates narratives with hyperbolic emotion to pollute your Mind Tool with confusion so you are out of touch with clarity.



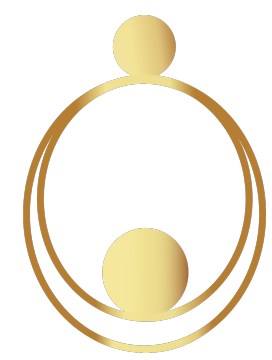
Intuition: Neutral Emotion & Clear Instructions P.2

- Reject the 'New Age' dictation that you must feel good and to desire only to feel good.
- This dictation destroys your intuitive diagnostic system and perverts your intuitive guidance.
- Focusing on "just feeling good" dispels the empathy blossoming with your Heart and disassociates a person from their personal and collective reality.
- Humans are a species housed within the spectrum of Light & Dark. Focusing on only feeling good disengages humans from their discernment skills and pollutes their Mind Tool to block clear and concise intuitive instruction.
- Example: You are in a neutral emotional state and you intend to receive intuitive instruction. You hear your mind's inner voice state "You Must Move". This directive married neutral emotion. The guidance was accurately received. Now you are focusing on this directive and are emotionally and mentally charged with mental chatter that is a natural response to what you intuitively received. Attempting to just "feel good" would destroy the potential for this guidance to assist you on your life's path.



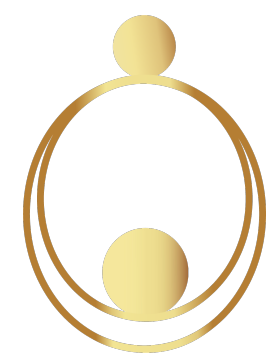
Exercise #7

- What is your next best step for your path of Highest Good?
- Focus your conscious awareness into the Trance State with the intention to receive a simple instruction.
- Record your psychic impressions.
- 3 minutes – Not To Share



Intuition: Self-Diagnostic Tool

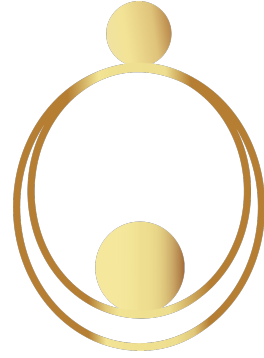
- Intuition gifts you with the ability to examine your spiritual, mental, emotional, and physical bodies to create a self-diagnostic tool.
- You'll illuminate the areas in your internal and external life which are depleting your energy and draining your life force.
- The Self-Diagnostic System will evolve as you develop your psychic abilities.
- The psychic impressions will filter through your lens of perception to provide you with that which is the easiest for you to extract the most accurate information.
- Knowledge of the Chakra System will greatly assist you with providing your Mind Tool with a frame of reference for your energy system.
- This is Medical Intuition which you may apply to reading for others.
- Caroline Myss's "Anatomy of the Spirit" is a recommended resource.



Exercise #8

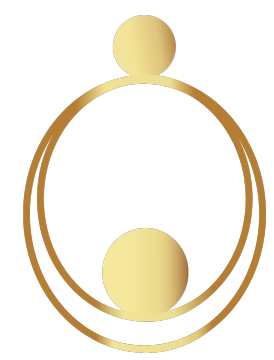
- We are to self-diagnose our energy depletion.
 - Symptoms & Root Cause(s)
- Relax and submerge your conscious awareness into the Trance State.
- How is your energy draining? How is this effecting your mental, emotional, and/or physical bodies?
- What is a root cause of this depletion?
- Record all impressions.
- 3 Minutes – Not To Share

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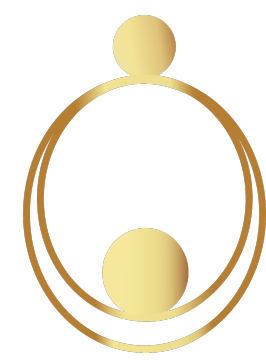
Part 5

The Claires



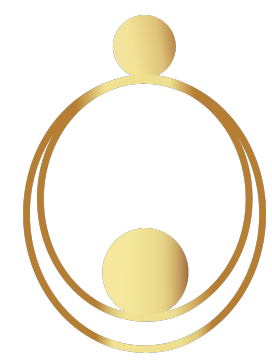
The Claires | The Psychic Toolkit

- The Claires are your metaphysical senses – extensions of your physical senses housed in supersensory experiences.
- Clear – seeing, feeling, hearing, knowing, tasting, & smelling
- You'll notice that one of these senses will be more dominant than the others.
- Your psychic evolution will present you with an augmented experience – the claires will create an orchestration - a symphony will emerge as the supersensory experiences involve a dynamic overlay and coalescing of the Psychic Toolkit.



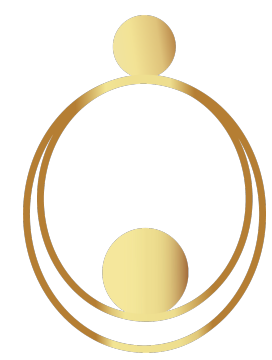
Clairvoyance | Clear Seeing | The Sight

- Images, Mini-Movies, and Words/Names/Dates/Numbers will emerge through your second sight – the Third/Psychic Eye.
- Symbolic Images filters through your Lens of Perception so you can interpret the information easily and accurately.
- Literal Images are comprised of illustrations which are clearly not symbolic.
- The Sight will evolve as you strengthen your clairvoyance like music notes. Quarter Notes to Eighth Notes to Sixteenth Notes.
- With your eyes open, the visuals appear like a holographic overlay onto what you're focusing your awareness.
- With your eyes closed, the visuals appear onto a “black screen”.



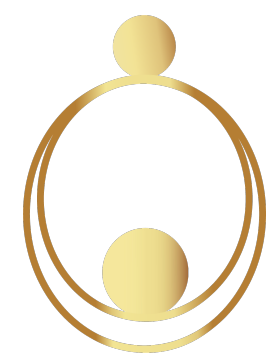
Symbolic Sight

- Symbols are energetic data converted into an image that is easily interpreted.
- Symbols may initially appear as Static then progress into a Dynamic visual experience.
- They will appear as something definitively requiring interpretation.
- You are to observe the thought patterns of psychic impressions that emerge as your mind's eye gazes at the symbol.
- Symbols may appear to decode the personality of a person, an energy forecast encoded with themes/messages with a time period, detailing the Soul's mission, how a person's energy is draining, etc.
- Example: Static Tiger Image *to* Tiger Mini-Movie depicting the beast camouflaging itself as it stalks its prey.
- Example: Static Violet Image *to* Violet illuminating an area of the body hindered by a blocked acceptance of Intuitive Guidance.



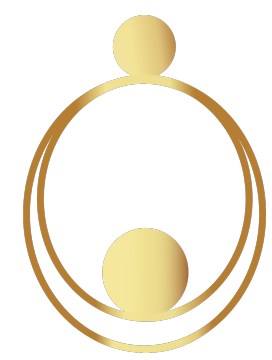
Literal Sight

- Images depicting physical descriptions of people, objects, landscapes, and architecture as well as entire events, names, letters, words, numbers, and dates.
- These appear as *Hyper-Focused Clues*.
- The static images will evolve into mini-movies.
- Literal Sight will manifest as single images then progress into chords of images.
- Literal Sight is *Timeless*. All time is NOW comprised of the Past, Present, and Future. There may be a feeling and/or a knowing of a time associated with the image as you observe the thought patterns.
- Literal Sight may also manifest without a Label meaning that you may interpret the image as a present activity of a person, but it is validated as a conversation the person had with a friend.



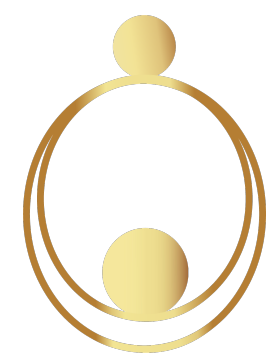
Examples of Literal Sight

- *Single, Static Image*: Ceramic Angel
- *Single, Dynamic Mini-Movie*: Ceramic Angel above a mantel that was removed by an elderly woman with 'R' around her and the woman is shown to be 5'6" with a short, gray, bob hair style.
- *Single, Static Name*: Angelica
- *Single, Dynamic Name +*: Angelica surrounding a television playing cartoons and the television is housed on a worn, brown stand near a window.
- *Chord*: Court Room, April, Little Girl appearing under the age of 10.
- *Progressed Chord*: Mini-Movie of a middle-aged man with a bald head, stocky build, around 5'10", working with wood at a workshop housed in a garage of a ranch-style home on a court that has a black SUV in the driveway.



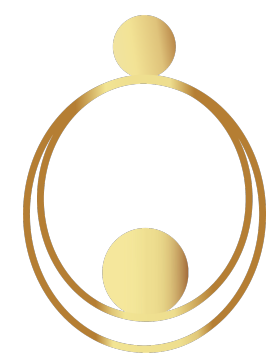
Clairaudience | Clear Hearing

- Single words, names, numbers, dates and/or streams of a sentence that you hear within your *Inner Voice*. It sounds like you when you're actively thinking or reading.
- Sounds of events, landscapes, and/or objects that you hear clearly.
- You may also hear music, the tone of someone's voice, laughter, and/or crying.
- You may hear hyper-focused clues that connect with a thread which you hear one after another in quick succession. Example: "Teacher – L – 2"



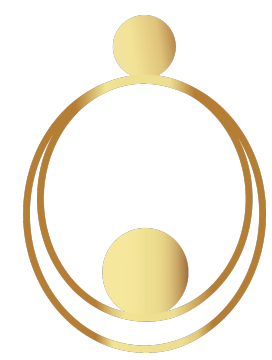
Clairsentience | Clear Feeling

- This involves feeling *Emotion*: joy, love, sorrow, worry, etc.
- *Physical Symptoms*: pain in the body, impact of a car, heat from a burner, arthritis in the joints, toxins moving through the body, etc.
- *Physical Descriptions*: hair texture, form of a person, height of a person, etc.
- *Energies*: Good or Bad feeling concerning a specific subject.



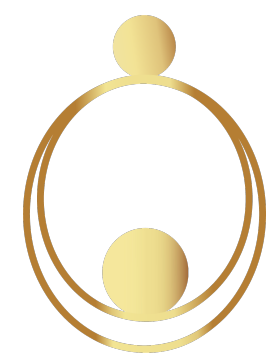
Claircognizance | Clear Knowing

- You simply just *Know*.
- There is no feeling, image, smell, or taste.
- Clear Knowing is a data packaged downloaded into your Mind Tool comprised of information.
- This sense coalesces with the other senses such as you knowing an image is from the past, you're hearing the cries of an ex-lover, you're feeling a car accident that is for a friend named XYZ, etc.
- This is also associated with symbolic sight when you just know what the image means – the symbol is encoded with knowing the exact interpretation.



Clairgustance | Clear Tasting Clairaliense | Clear Smelling

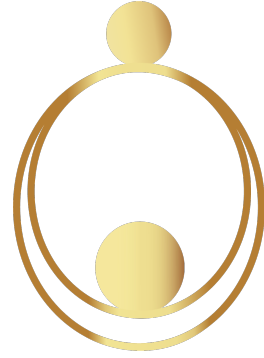
- Clear Tasting is when your supersensory experience appeals to your psychic “taste buds”. Tasting fruit, drink, etc.
- Clear Smelling is when your supersensory experience appeals to your psychic “nose”. Smelling perfume, burned wires, flowers, etc.



Exercise #9

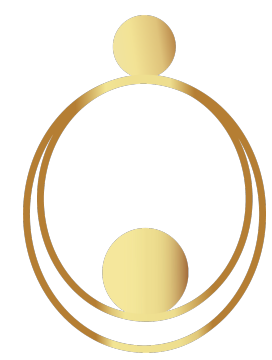
- Reflect on the previous exercises to observe your Psychic Toolkit.
- How did the psychic impressions express through the claires?
- Were the impressions expressed through one or more of the claires?
- This is to learn which of the claires are stronger than the others.
- Write down your thoughts.
- 3 Minutes | Not To Share

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Part 6

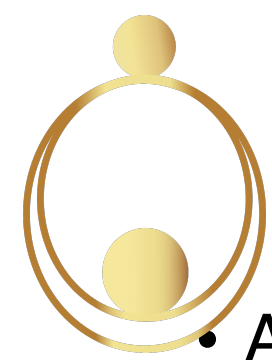
Decoding Energy & Prophecy
Personal Use & Readings



Decoding Energy & Prophecy

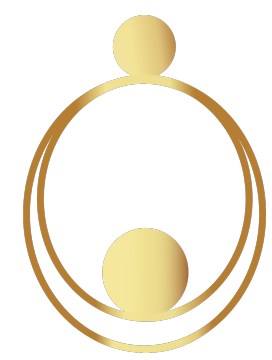
Personal Use

- This is when you set your intention to retrieve information encased within a specific person, place, object, setting, idea, etc.
- You engage with the Trance State and observe the thought patterns that emerge through the supersensory experience.
- This enables you to perceive the subject *clearly* and to receive guidance on how best to navigate and/or encounter the subject.
- You are receiving information based upon the energies' momentum built which expresses through intuitive guidance and information comprised of the Past/Present/Future – potentials that manifested or may manifest.
- Resist the need for immediate validation – you may perceive that which has not come into being when you entered the Trance State.



What Is A Reading?

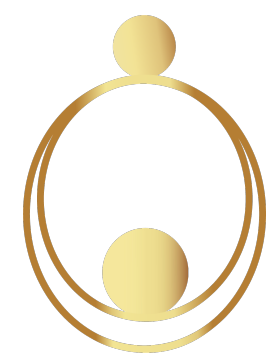
- A Reading is when the energy field of a human downloads into the energy field of the reader expressing through the Psychic Toolkit.
- The reader is decoding another human's energy momentum building at the time of the reading which is comprised of the human's Past, Present, and Future.
- The reader is a Radio who tunes their awareness to lock into the supersensory experience.
- The reader is shifting through what the human is consciously aware of at the time of the reading and what is presently not known.
- Every reading is unique like a Snowflake/Mandala. Expect the unexpected. Information received will vary between each reading. You will observe a system develop, but do not tether yourself to the system because the reading will unfold exactly how it should.
- A Good Reading is of you following the psychic impressions. Resist labeling a reading as "bad" because you did not receive 5 names, discuss work/family, XYZ. Every reading is as its supposed to be.



Decoding Energy & Prophecy

Reading For Others

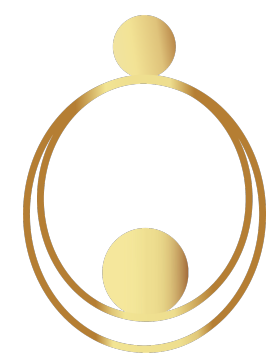
- To read for another human requires a sincere desire to assist he/she on his/her life's path.
- To honor the human experience by allowing your Heart to lead your Mind Tool in the process of integrating another's energy field down through your Crown Chakra, filtering through your energy system & lens of perception, and relayed out of your Throat Chakra.
- There is a Soul Agreement between you and the human you read. You are the human capable of delivering the information required for the other human's development.
- Basic education required for this work. To study Psychology, Biology, etc., and the true Sciences hidden from society.
- Embrace your Inner Work. Your personal healing must be the highest priority.
- Understanding that you are allowed into a human's energy field and that your information must anchor into the Heart expressed with compassion.
- The Placebo Effect must also be understood.
- You engage with reading for others when you know that you are equipped with the knowledge and experiences required for engaging with this type of psychic work.



Decoding Energy & Prophecy

Reading For Others P.2

- Your goal is to maintain a clear channel while maintaining your energy level.
- Refrain from reading for others when you're severely immersed within negative emotion. Reschedule the reading.
- Observe the impressions downloading into your Mind Tool prior to the scheduled reading. Take note of them as they are tied to the reading. You may find that you enjoy entering the Trance State prior to the reading, record your impressions, then share them during the session.



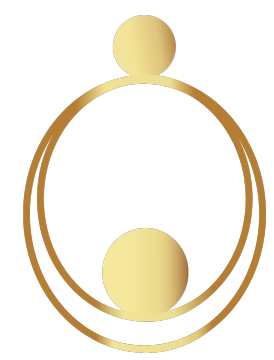
Consciously Aware / Unconsciously Known

Consciously Aware

- Known information about past, present, and future.
- Details known of people/events/places/experiences/etc.
- Conversations spoken, and thoughts occurred from the past and present.

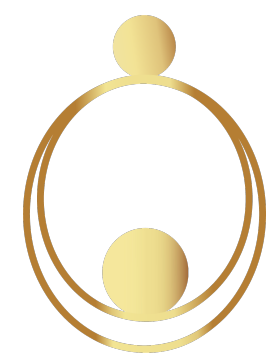
Unconsciously Known

- Possible future experiences.
- Past and present details of people/events/places/experiences/etc.



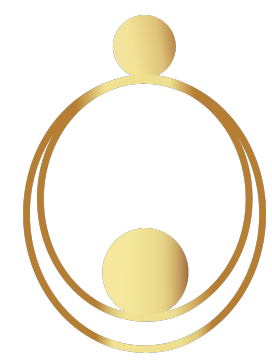
Question / Specific Topic / Psychometry

- A question regarding a specific person/place/idea/etc. produces a nucleus with a field of energetic data to translate through the reader's lens of perception.
- The field is comprised of Past/Present/Future information which mirrors the energy field of a human.
- Psychometry is tapping into the field of energetic data encoded within an object by holding the item.



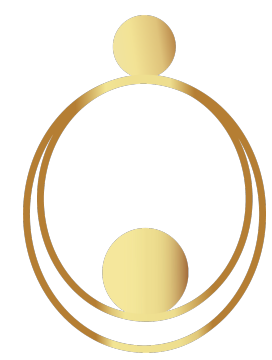
Lookin' Like An Ass

- You do not control the information that you receive nor can you control how the human you read will perceive the information.
- Understand that you will receive and relay information that cannot be validated during the reading. You will receive information that the human may be forgetting and/or the human doesn't know because he/she may need to research and/or it has not come into the human's experience yet.
- Resist editing the information you receive.
- Reject Fears that may surface which originated in past experiences of feeling like a fool and being judged by others.
- Develop Faith knowing that you are just the Intuitive Instrument and that you received the information for a reason.
- Validations of the information not known to the human during the reading will come into your "inbox" which will strengthen your Faith because you have the evidence.
- You are not a *Telepath* – you are not reading the human's mind.



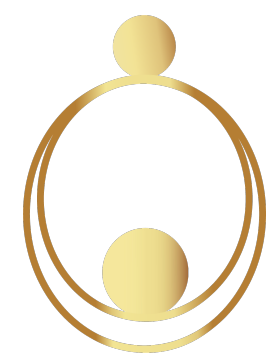
Psychic Amnesia

- Psychic Amnesia is when the human you're reading does not recognize the information delivered. Upon reviewing the reading, the human realizes that he/she did know what the information was.
- This amnesic state may be just concerning one data byte or an entire stream of information.
- Receiving validation for the amnesic impressions following a reading will strengthen your trust in yourself so you may continue honoring your supersensory experiences.



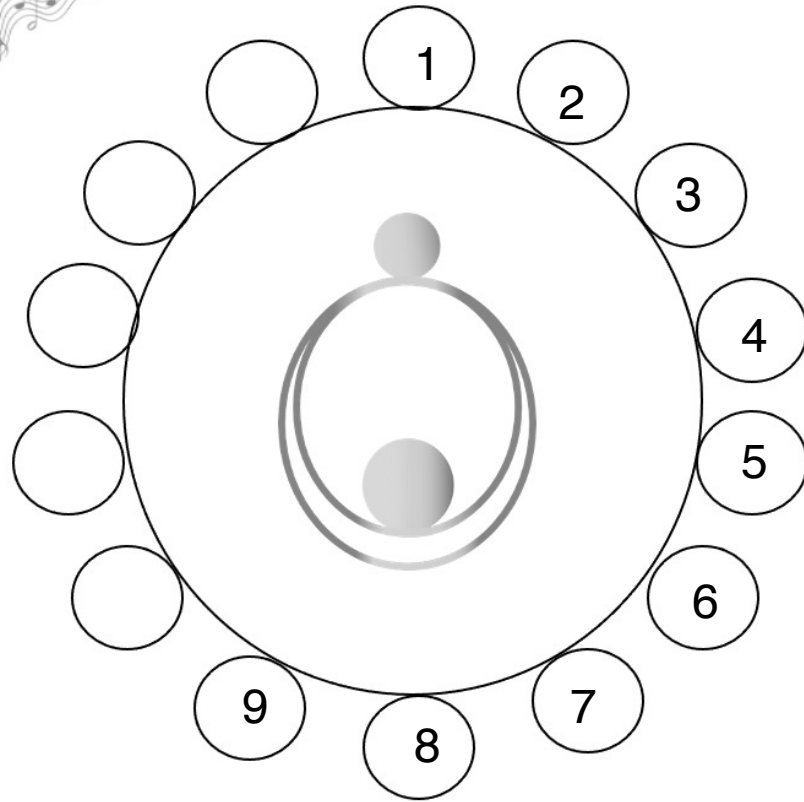
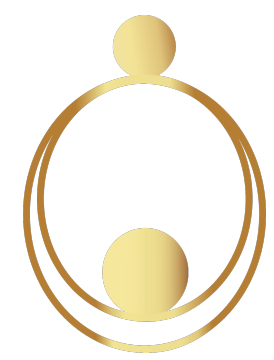
Accuracy

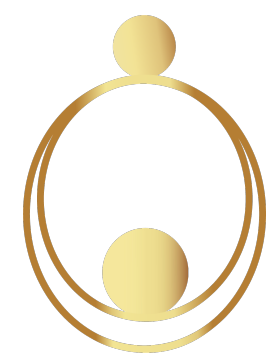
- Engaging with Psychism is a disconnection from the memorization/computer habituation of the mind. You are not a computer.
- 100% accuracy is a lie.
- You are bringing through psychic information in which the majority of the impressions are healthily analyzed through the logic mind as true which includes information validated after the reading.
- Misinterpretations are balanced by validated, accurate information.
- Predictions forecasting into the future are based upon by the current energy momentum building and the future is written in pencil.
- The goal is to allow the stream of psychic impressions to flow without interfering with the information. A person being read must allow for inaccuracies throughout the reading, however, the inaccuracies are much lower than the confirmed, validated information.



Asking For Validation I Not “Fishing”

- Your goal is to relay accurate information and the majority of what you receive will not make sense to you. You do not know why you're hearing/seeing/feeling XYZ because you are just reflecting to the human what he/she is consciously aware of or does not know.
- You do not know something unless you *know it*.
- The information is *not of you* – you are the Antenna.
- Asking for validation is not fishing. You are checking in with the human to learn if he/she is aware of what you're receiving and/or if the impressions are of the Past/Present/Future.
- Your reading experiences will alert you to patterns that arise so you may overlay those examples onto the present reading.

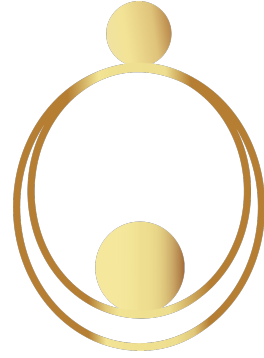




Reading Example

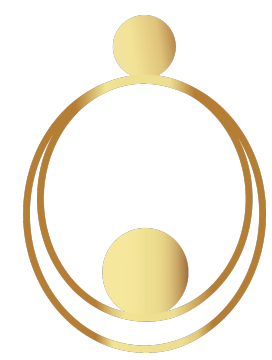
- 1. Vision: Beaver gathering wood to prepare to build a dam. Today to August.
 - Period is to lead you to the necessary requirements to construct a webinar.
- 2. Vision & Knowing: Webinar Program – Education based to assist with building self-esteem – “R”
 - Validation of ideas to construct the webinar to help facilitate strengthening self-esteem. “R” is “Roseanne” who is the grandmother whose life inspired the human to help others.
- 3. Knowing: Webinar will take 6 months to complete.
- 4. Vision: Female at Peer Level – 5’6” & Blonde Hair – “Jacq” – Custody Battle – Smelling Alcohol.
 - Validation of a female friend with those descriptors, “Jacq” is name within an inside joke, She is enduring a custody battle with her ex-husband who binge drinks.
 - Other impressions received of seeing submitting documentation, knowing the case will be pushed to Fall, and that she is to request statements from friends/family/colleagues.
 - This data byte also confirms the 6-month webinar completion prediction.

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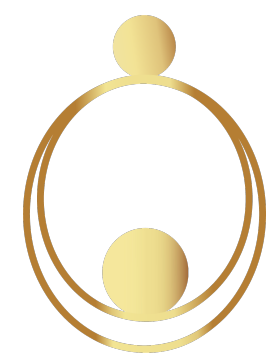
Part 7

To *READ*



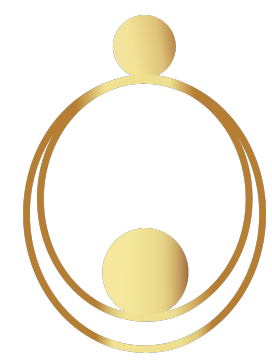
Exercise #10

- Address: XYZ
- You are to focus your awareness onto this address through engaging with the Trance State.
- Record the psychic impressions onto the paper.
- 5 Minutes | To Share



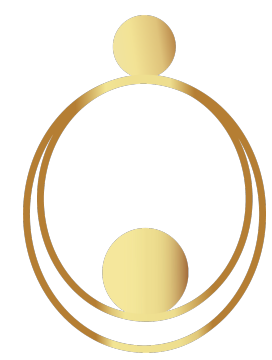
Exercise #11

- Jake's Necklace
- You are to focus your awareness onto my necklace through engaging with the Trance State.
- Record the psychic impressions onto the paper.
- 5 Minutes I To Share



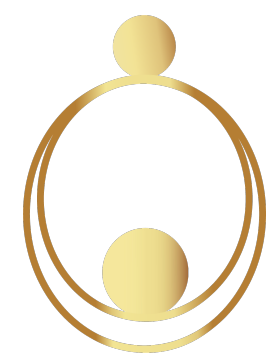
Exercise #12

- You are to read me.
- Focus your awareness on my energy field and engage with the Trance State to receive psychic impressions.
- Intend to receive information that is required for my path of highest good.
- Record the impressions onto the paper.
- 5 Minutes | To Share



Exercise #13

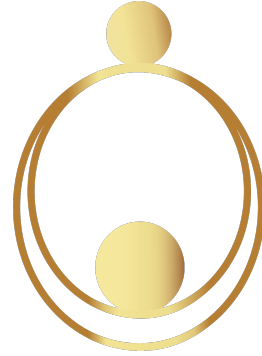
- One of you may volunteer for the group to read you.
- Focus your awareness on the volunteer's energy field and engage with the Trance State to receive psychic impressions.
- Intend to receive information that is required for the volunteer's path of highest good.
- Record the impressions onto the paper.
- 5 Minutes | To Share



Exercise #14

- Another one of you may volunteer for the group to read you.
- Focus your awareness on the volunteer's energy field and engage with the Trance State to receive psychic impressions.
- Intend to receive information that is required for the volunteer's path of highest good.
- Record the impressions onto the paper.
- 5 Minutes | To Share

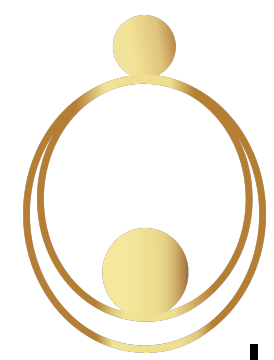
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Part 8

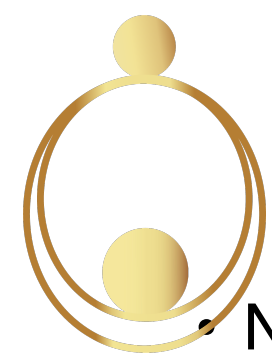
Readings

More In-Depth



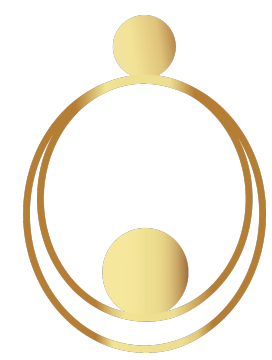
Readings: Introductory Nouns / Chords

- I observed that clear seeing, feeling, and hearing evolve into chords. These chords usually consist of three notes but may express deeper with more information.
- The first data byte is to establish the subject, time, and setting.
- The second data byte further confirms the subject, time, and setting along with alerting the human being read if this data is in his/her conscious awareness.
- The third data byte either:
 - 1. Provides more information tethered to what is known.
 - 2. Gifts new information through prediction.
- “I Validate, Validate, Predict”



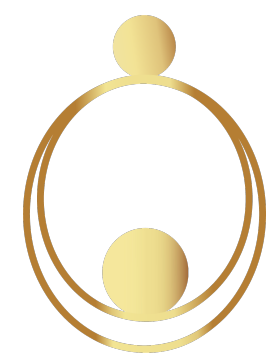
Readings: Names

- Names express through clairvoyance, clairaudience, and claircognizance.
- You may see the entire spelling of a name or parts of the name. You may hear the entire name or sounds of a name. You may know that the name you're picking up on is not of your native language but sounds like XYZ. Also, you may know that the name (or partial name) you're hearing/seeing is a person's last name.
- All Names are *significant*.
- A Name can introduce the subject/time/setting of the stream of information you receive.
- A Name can be used to validate the subject/time/setting along with receiving a name to confirm a prediction you made by receiving a name of someone in the past concerning the subject/time/setting just discussed.
- Example: Relayed information about employment and provided a prediction/unknown information. "Angelica" was received and confirmed to be a person that used to work at the workplace discussed which is used to validate the unknown information.



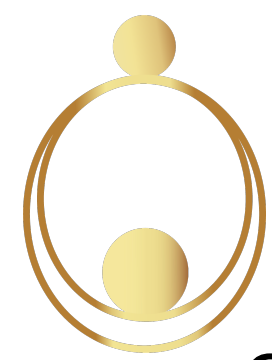
Readings: Letters

- Letters are received in conjunction with other psychic impressions and formulate into a sequence.
- They usually indicate what letter a name of a noun begins with or may even appear with a knowing or visual that the name ends with the specified letter.
- You may first receive a letter then a series of descriptions tied to the letter.
- Letters are also used to further validate the subject/time/setting.
- They may confirm a noun that revolves around the subject/time/setting's nucleus field of energetic data.



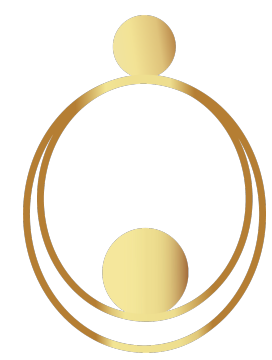
Readings: Numbers & Months

- Numbers received are used for validation regarding the subject/time/setting along with providing predictive elements.
- They can signify a month, date, age, amount of people, and a time period.
- Numbers are predictive when associated with the end of a chord possibility indicating days/weeks/months for the prediction to manifest.
- Months received are also used for validation means or for predictions.
- As always, observe the series of psychic impressions and what is validated in the conscious awareness of the human you read.



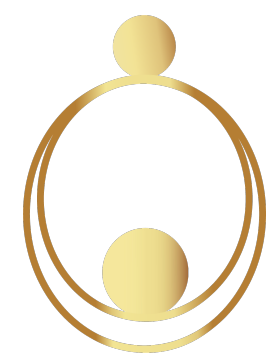
Readings: Omens

- Omens are naturally a part of Psychic Work whether you are perceiving an omen for yourself or when you read for another human.
- The Human Experience is comprised of the Light & the Dark.
- Some events/experiences are negative so delivering the Omen must be anchored into your Heart and relayed with compassion.
- You will observe that you will receive instructions for the human to navigate the Omen as best as possible as well as to help with perceiving the experience in a way to empower.
- Your goal is not to interfere with your psychic impressions – honor them. An ominous warning is helpful just like knowing about an upcoming storm.
- You are not reading for another to tell him/her what he/she wishes to hear – you are honoring truthful insights from the Etheric Realm.



Cannot Read Everyone

- There will be people that you cannot read due to various reasons.
- 1. The human would be hurt by the realization of how true Psychism is because they do not have the strength to examine every aspect of their life which dictated the impossibility of Psychism.
 - Knowledge is either Medicinal or Poisonous.
- 2. The human's arrogance and heavy skepticism destroys the energetic connection between you, the human, and Etheric Energy.
- 3. The human truly does not want you to enter his/her life.
- 4. The human is blocking you on purpose.
- Not everyone is your client.



Closing

- Thank you all for participating in the circle!
- May you use these teachings to enhance your ability to navigate this world as a hue-man equipped with the skills to CREATE and to DISCERN.
- You can review this presentation along with your individual homework to develop your PSYCHISM.
- Slowly, but surely your supersensory experiences will evolve as you embody more Soul and purge what no longer serves you.