

# Jake James Vanek

## Readings: Instruction Manual

Thank you for purchasing a reading! Please review this document prior to your session similar to reading an instruction manual before playing a new board game. Also, please review the Experience page on my website so you may understand more about what a reading with me is like so you can perceive it accurately to receive the information correctly.

I want you to get the most out of your session. I care very deeply about the work that I do and I witnessed the transformative potential unlocked in a client during a reading. It took me many years to understand how information funnels through my mind tool along with discovering the mechanics of psychic and mediumistic abilities. I think it is imperative that clients know what they are purchasing to begin the journey to learn and develop the dormant intuitive abilities lying within the hue-man experience.

My job is to tell you every thought that pops into my head – to be the instrument for energy to channel through my lens of perception and frame of reference so I may relay information to you. Every reading that I do is completely unique. I embark on my travels into the unknown and I trust that the information I receive is exactly what is needed for the client. It is my intention to connect with the highest truth, wisdom, and love housed within the Universe to deliver accurate information.

Booking a session with me is also enlisting in a lesson to instruct you on the dynamics of the intuitive arts. This knowledge was attempted to lay in secrecy along with contortions of the truth masked in myths and distortions. You will receive the best of what I can offer because I truly care about ensuring that each client is greeted with the wisdom I gained and knowledge I acquired from my experiences using my psychic and mediumistic abilities.

Once again, thank you for allowing me to read for you! I appreciate the exchange of your time and energy in the form of currency. May we both realize the GODFORCE in our conscious awareness so we can greet each challenge in our lives with the knowledge that we are infinite, eternal beings designed to overcome every obstacle – to awaken to our true nature as an expression of All That Is.

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You will Receive:

1. Audio / Video recording depending on the method of communication.
2. Transcript of the session produced by [www.trint.com](http://www.trint.com).
3. Scanned handwritten documents.

The recordings and documents are sent through [www.wetransfer.com](http://www.wetransfer.com) so you will receive a link to download which is available for 7 days following your session. I will then email you the transcript once it is completed through my ProtonMail email address. Please check your spam/junk folders.

**\*Payment is required 24 Hours prior to your session to confirm the appointment.**

# Jake James Vanek

## *How To Prepare*

\*Please allow yourself time to prepare your space to ensure it is optimal for the session. You are to be alone and in a quiet area away from distractions. Too much background noise can disrupt the reading and overall quality. Check that you have a good Wi-Fi and/or cellular signal to your device. I will call the phone number provided when you scheduled the reading if the Zoom/Skype connection is not clear. Phone and FaceTime readings are from my cell phone.

\*It is best to be substance free for your session. If you are under the influence of a substance then you may have more cases of Psychic Amnesia which will diminish your ability to validate information at the time of the reading. You can always indulge after the session while playing the recording and reading the transcript.

\*Focus your intention to the Universe and request that you receive the exact information you need to assist you on your path of highest good to unlock your true, full potential. Keep an open mind and allow the information to flow. Prepare to hear information that you are not aware of and are unable to validate because this is expected.

\**Mediumship* sessions: Send your thoughts to your loved ones anchored in the higher planes of existence. Request for them to join your session. They want to provide evidence that they are still very much alive outside of the hue-man experience. Be open to Spirits joining our session that you may not know or you are forgetting. There is always a reason why the energy comes forth during our time together. Also, prepare to hear details that you are unaware of for it is my job to establish evidence of consciousness existing outside of the body. You may need to do some research along with discovering the meaning of information shared in a future now moment.

\*You may take notes during your session, however, it is not necessary because you will receive the recording and transcript. I am only able to record my side of the conversation if you choose the method of communication as either Phone or FaceTime. I observed that if you go into the reading with an intention to play the recording for a specific person then you may hear more details that you are unable to validate or make sense of, but the person listening may know.

\*Please remember that I cannot control nor can you control the information I receive. My intention is to help you on your path. Keep an open mind and know that you may very well know what I am telling you, but you are forgetting. It happens to me many times when I get a reading. Do note that even the best of psychics and mediums are not 100% accurate. My accuracy rating is dependably between 70% - 90%.

\*Note: Majority of the information I receive does not make sense to me. I can receive an image or a mini-movie and it is actually just an old memory or something occurring right now. It is my job to only relay and deliver while you sift through and determine what it is. Images do not appear with a title stating that it is a memory of a family trip or a trip someone was discussing in the present. Reviewing the recording will help to piece the puzzle and make more sense for this is to truly show that I am not using telepathy.

# Jake James Vanek

## *Experience Page Excerpts*

\*I will be “singing” songs to you. There will be songs that you will recognize each lyric, melody, and tune. Some songs may be sung where you cannot recall when/if it was heard previously until halfway through or after the reading. This is similar to when a song is being played and a person denies ever hearing it until later when the song is remembered being played at ABC during XYZ. What also will happen is songs streaming that you have absolute no connection with because it either hasn't happened yet or the information just isn't known. I will then sing a song that can be validated as consciously known to balance the unknown.

\*It is my job to tell you what I receive. You can engage with me as you wish and validate if you choose to do so. If I ask for you to validate please be open to saying yes or no just so I have an understanding in case the information received is out of my frame of reference. Do not be afraid to validate and to talk to me. I will actually request for you to stop sharing if you are telling me too many details and too much information. It is my job to talk to you and to just be the transmitter of information.

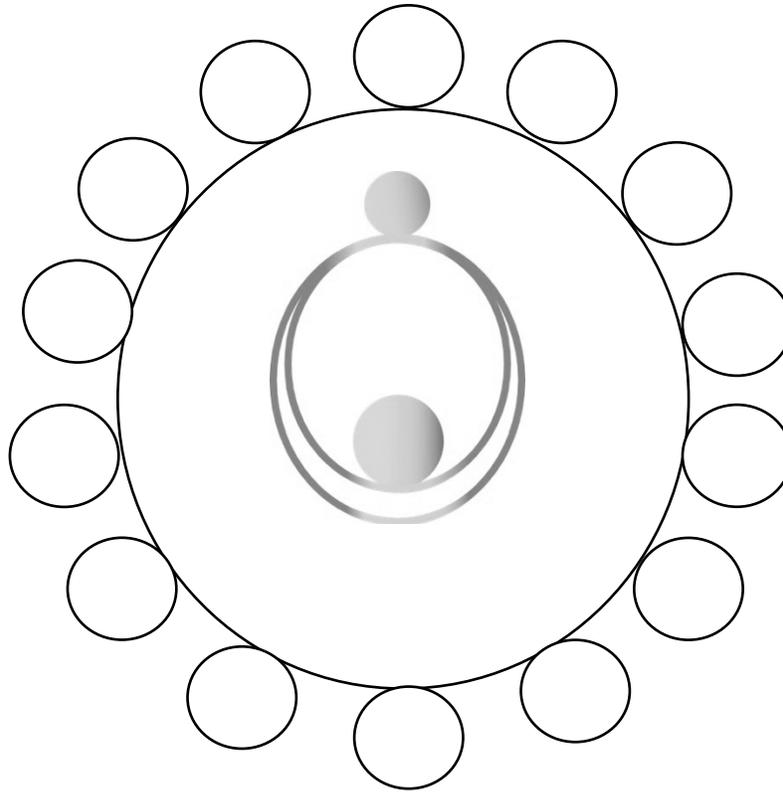
\*Let's further explain the experience of **Psychic Amnesia** which is when I sing a song to you that cannot be validated at the time I receive the information even though you is already aware of it. You will be able to validate the song upon listening to the recording of the reading at another time or just by remembering the details after the reading. There are numerous times when information delivered during the reading are validated later leaving you dumfounded because the information was not recalled. It varies from just one detail to an entire stream of information that you are very much aware of but experience a sensation akin to a deer in the headlights. The entire memory is seemingly wiped from your awareness when I communicate what I receive to you.

### Visions: Time & Labels

When I receive an image clairvoyantly it is not accompanied with a time stamp. I do not "see time". We experience time linearly, however, there is only Now. I encourage you to listen to the details that follow the introductory noun. I may see an image and receive details about a job and my logic mind may interpret it as the present, however, you validate that it was a previous job. I could see and receive a layout of a home, but it is your childhood home that I am seeing. Sometimes I will receive an image with a knowing or feeling of a time, but that is not always the case. The images are also not labeled with a topic. In other words, I could be seeing images and it is actually a conversation you just had or a reoccurring thought rather than something 'physical'. Visions will also come through as unconsciously known information at the time of the reading only to reveal itself to you at a later time after the session or it was a case of Psychic Amnesia.

# Jake James Vanek

## *Psychic*



*\*I copied/modified the information below from my Experience page. Please review the Experience page for more information and examples along with the list of transmissions at the end of the instruction manual for Psychic Mechanics.\**

\*Prior to the reading, I download the energy forecast which I will share with you throughout the session. I will receive messages for you along with the time period that this applies which will include initial evidential details. This is the introductory phase of my energy connecting with your energy and the theme will be expressed throughout the reading. The messages will be received through my lens of perception such as an Animal Totem(s), chakras, colors, and other symbols to detail the core energy and spine of the reading. I will read through the channeled writing along with detailing every additional impression that I receive.

\*It is my intention to illuminate the anchors which are preventing you from navigating life on the path of your highest good. To deliver information that will empower you to transform every challenge into an opportunity of growth by way of renegading against the victim archetype.

\*I will receive evidential information to mirror what you are consciously aware of and what is unconsciously known at the time of the reading. I will be moving back and forth between relaying information to you that can be validated at the moment I speak what is received along with what is unknown. We experience time linearly, however, all time is in the ever-present now moment. This information will be received as streams of thoughts/impressions that are used through my frame of reference by way of clairvoyance, clairsentience, clairaudience, and claircognizance. What is unknown will be validated by known information.

# Jake James Vanek

## *Psychic*

\*It is my job not to judge what is received. I must relay everything I see, hear, feel, and know first and then interpret if need be. I must honor the information that is given. Our Future is fluid and is comprised of our daily thoughts and actions. I am decoding your energy at the time of your session, the momentum you're building, and it is up to you to create. I do believe that there are life events predestined by the Soul before incarnation along with free will choices and accidents.

### Consciously Aware

- \*Known information about your past, present, and future.
- \*Details known of people/events/places in your life.
- \*Conversations spoken and thoughts occurred from the past and present.

### Unconsciously Known

- \*Possible future events.
- \*Past and present details of people/events/places in your life.

\*Please note that everything filtered through my mind tool is of my own frame of reference. I am unable to receive something that I do not know. This means that I cannot receive a name of a medical diagnosis with seventeen characters that drops into my conscious mind. I would instead receive sensations, be drawn to various areas of the body, and be provided with other descriptors which you could then understand as the medical diagnosis. I just am unable to know the exact names of things, but I can interpret the collection of impressions that I receive which you can validate. I also can just logically think the information means one thing and you will just know what the song meant without my interpretation.

\*Sometimes I will relay information received and then interpret it as something going on in the your life which is not true. Instead, it is just something you are aware of that pertains to someone else in your life. This piece of information is simply just used as validation. I encourage you to let me know if I am not correct because I want you to sift through the songs being sung to accurately analyze if the streams of information were of the past, present, future, or about someone else. It is my job to say what I receive first and then interpret. I try to understand logically how the information is received. I noticed that I could be picking up on information about a living loved one of yours in which you would like to relay guidance.

\*I will also decode your Soul Energy. Information received could relate to your soul's mission, characteristics/skills, life theme, and past life information. This would be what your soul wishes to share with you during our time.

# Jake James Vanek

## *Mediumistic*

\*Mediumistic abilities involve the same senses used for psychic information. It is important for you to understand that mediumship is not like the sensationalized and over exaggerated portrayal as seen in television and film. The flow of information will reflect that I am connecting with the energy of a person who transitioned. I'll personally feel a 'magnetic pull' to a particular source of information and I'll receive impressions/thought patterns. Spirits exist as Energy so please note that this is not an experience that is 'logical' for this work is using the creative wiring of the human vessel to become an instrument.

\*Keep an open mind. They can talk about anything! A memory, a conversation you had, something you recently saw, events going on now that you aware/unaware of, etc...

*\*I copied/modified the information below from my Experience page. Please review the Experience page for more information and examples along with the list of transmissions at the end of the instruction manual for Mediumistic Mechanics.\**

### The Introductory Linking Phase

When I first feel a shift from psychic information to mediumistic sensing (or when I make the intention for solely mediumship) I will immediately perceive a transitioned person trying to grab my attention. I will sense the relationship between you and an age bracket of the transitioned person. Not all spirits abide to this rubric exactly. Some spirits all decide to talk at once during a session while other times the entirety of the reading is a connection to a singular entity.

The sensations will manifest from this particular set-up:

#### Left

- \*Older than you.
- \*Your Mother's side of the family.
- \*Very strong Mother Figure.
- \*Connected through Mother's side of the family of another person known to you.

#### Right

- \*Older than you.
- \*Your Father's side of the family.
- \*Very strong Father Figure.
- \*Connected through Father's side of the family of another person known to you.

#### Center

- \*Peer level of you.
- \*Younger than you.
- \*Mix of non-family and family.
- \*Sometimes older than you who is unrelated.

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## *Mediumistic*

\*Spirit introduces themselves through the above rubric to dictate the age relationship to you. Not every spirit provides their title such as Mother, Aunt, Grandmother, etc... Some may present themselves as their title in the introductory linking phase while others identify if they are older/younger than you, position in the above rubric, and details that would signify who they are to you.

\*Spirits want to make themselves known and want to show evidence of the survival of consciousness after bodily death and that consciousness exists outside of the body. They will work with me to the best of their ability to have you know who joined the session. The transitioned person will establish more evidence of details of who they are in the first streams of information so you can be consciously aware of who joined the reading. This is when my energy field will blend more strongly with spirit. Sometimes there are more than one who shows up during the introductory linking phase, but they will sort out who would like to begin the conversation. Sometimes they may talk all at once and completely ignore my rubric.

\*Please note that every transitioned person who comes through is also completely unique and that I also cannot guarantee that a specific person will join us. They have their personalities manifested through how they use me as an instrument to deliver information. Some are such wonderful communicators. Some are shy and private. Some are eager to talk and overshadow the others who wish to speak. Mediumship varies and I can guarantee that I will just relay what I receive and then interpret to the best of my ability. Sometimes a spirit may join the session that you do not know. There is always a reason and spirit will deliver enough details of who they are for their identity to be revealed after the session.

\*What they'll discuss is similar to the songs being sung as directed in the Psychic Information section. It'll be up to you to observe the information being sung to determine if it is consciously aware of or unconsciously known at the time of the reading. I do notice that the songs streaming will be what can be associated with the transitioned person speaking.

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## *Thank you*

Your reading is an experience which will revolve around the time we share together along with the experiences you have following your session. I love the work that I do and I understand how difficult it may be to integrate the truth of psychic and mediumistic abilities based upon our societal programming.

You can do all that I can do. It is similar to learning a new skill such as a musical instrument. It will take time for you to develop your intuition – to truly trust when you have a gut feeling and knowing. If you dedicate your time and put effort into training...then prepare to live life as a hue-man who is whole-minded through logic and intuition.

I thank you very much and I hope you enjoy your session!

-Jake

# Jake James Vanek

## ***Transmissions***

My YouTube page has a playlist for psychic & mediumship mechanics, lessons, and stories. I highly encourage you to watch them if you wish to learn more than what is shared in this instruction manual as well as the Experience page.

YouTube Username: Jake James Vanek

[www.jakejamesvanek.com/transmissions](http://www.jakejamesvanek.com/transmissions)

## Playlists

### *Mechanics of Psychic Ability*

<https://youtube.com/playlist?list=PLHR6KFb2-At3-JMi8sRcuftK09QJ4fkTN>

### *Psychic & Mediumship Lessons*

<https://youtube.com/playlist?list=PLHR6KFb2-At02V1nvrwJvKuqgCoBAcTxn>

### *Psychic/Medium Stories*

<https://youtube.com/playlist?list=PLHR6KFb2-At0GiTOa7ziiGAtvZ-UhB2j1>

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***The End***